



Cañaveral - Garrovillas de Alconétar

Stage
06

29,9
km



Ciclosenda del Tajo

Reacquaint yourself with the Tagus



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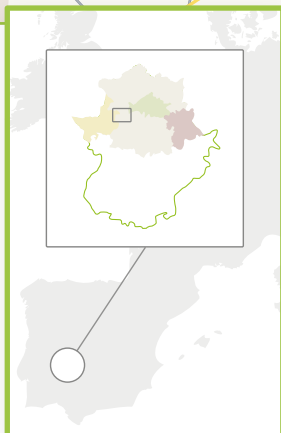
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Ciclosenda del Tajo

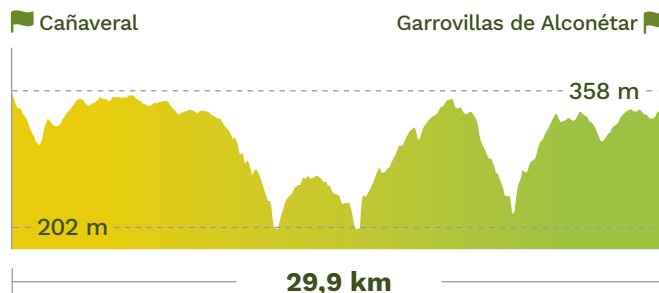
Stage 06

🕒 Estimated time: 2h 40min	Route type: Linear
⚡ Minimum altitude: 202 m	⤴ Maximum altitude: 358 m
⬆️ Elevation gain: 540 m	⬆️ Elevation loss: -564 m
📈 Average gradient: 3,2 %	Difficulty: Easy

29,9
km



- 01. Torre de Floripes
- 02. Plaza de la Constitución
- 03. Conv. San Antonio de Padua
-  Bike repair kit



From Cañaverál to Garrovillas de Alconétar passing by the Alcántara Reservoir and its Roman remains emerging from the waters. This is what awaits us in this sixth stage of the *Ciclosenda del Tajo* (Tajo Cycle Route), which runs along paths shared with the *Camino de la Plata* or Silver Route and ends at one of the largest squares in Spain.

What will you find on this route?

We leave behind Cañaverál and its San Benito Bridge, used in the Middle Ages by pilgrims heading to Santiago de Compostela, to cycle along a trail which is part of the *Vía de la Plata* or Silver Route, where semi-bare fields of Mediterranean vegetation hide hares, partridges and foxes.

Leaving the route, about 12 kilometres north of Cañaverál, we can see the Palancar Convent, founded by San Pedro de Alcántara.

Returning to our cycle tour path, the vegetation increases as we reach another of the reservoirs of the River Tajo Nature Trail, that of Alcántara, included in the Natura 2000 Network as *Zona de Especial Protección para las Aves*, ZEPA (*Special Protection Areas for Birds, SPA*). The route will leave us with magnificent views of the Tagus River on one side and the reservoir on the other.

Heading south around the reservoir, the stage continues between striking rock formations and wooded areas before reaching the Plaza de la Constitución (Constitution Square), in Garrovillas de Alconétar. Recognised as a Historic-Artistic Monument of National Interest, it is one of the largest squares in Spain. From the same century is the San Pedro Apóstol Church, another interesting visit which will be concluded with the Palace of the Condes de Alba de Liste (converted into a guesthouse in 1990), the Convent of the Hieronymite Nuns, the ruins of the San Antonio de Padua Convent or the Santa María de la Consolación Church.



Monfragüe National Park and Biosphere Reserve

Declared Biosphere Reserve in 2003 and National Park in 2007, Monfragüe is one of the most extensive and best preserved examples of Mediterranean forest, which combines with continental and Atlantic fragments, bringing together a very diverse nature among which endangered species such as the Iberian lynx can be found.

Furthermore, this unique reserve is an extraordinary sanctuary for the sighting of Spanish imperial eagles, black storks, vultures and other large birds.

